# Rate Your Abilities

Everyone has different abilities and aptitudes. Knowing what you do best will help you decide which occupations you may want to explore. Put an "x" in the box you think best describes your ability level in the following areas. Add additional entries to the bottom of the sheet.

| Abilities | Strong | Average | Weak |
|---|---|---|---|
| **Artistic:** drawing, decorating, designing | | | |
| **Clerical:** operating business machines, collecting information, record keeping | | | |
| **Computational:** working with numbers | | | |
| **Language:** writing, speaking | | | |
| **Leadership:** leading group activities, getting things started, having people look to you for help in getting jobs done | | | |
| **Manual:** working with your hands | | | |
| **Mechanical:** working with machines or tools and repairing things; understanding how things work | | | |
| **Musical:** singing, playing an instrument, writing music, dancing, acting, performing | | | |
| **Persuasive:** talking easily with people, influencing people effectively, selling goods or services | | | |
| **Scientific:** understanding scientific ideas, conducting lab experiments | | | |
| **Social:** working well with people, helping them | | | |
| **Teaching:** helping others learn, showing people how to do something new | | | |
| **Other:** | | | |
| **Other:** | | | |
| **Other:** | | | |
| **Other:** | | | |

Write your three strongest abilities here: 1_____

2_____ 3_____