Poland and the Baltic Republics

If YOU lived there...

You live in the beautiful and historic city of Krakow, Poland. Over the centuries, terrible wars have damaged many Polish cities, but Krakow is filled with cobblestone streets, romantic castles, and elaborate churches. The city is home to one of Europe’s oldest shopping malls, the 500-year-old Cloth Hall. Glorious old Catholic churches also rise high above many parts of the city.

What does the city suggest about Polish history?

Building Background

Located on the Northern European Plain, Poland and the Baltic Republics are caught between east and west. As a result, the region has often been a battlefield. On the other hand, this location at a cultural crossroads has helped each country develop its own distinctive culture, traditions, and customs.

History

The area around the Baltic Sea was settled in ancient times by many different groups. In time, these groups developed into the people who live in the region today. One group became the Estonians, one became the Latvians and Lithuanians, and one became the Polish. Each of these groups had its own language and culture. Over the centuries, however, shared historical events have helped tie all these people together.

Early History

By the Middle Ages, the people of the Baltics had formed many independent kingdoms. The kingdoms of Lithuania and Poland were large and strong. Together they ruled much of Eastern and Northern Europe. The smaller kingdoms of Latvia and Estonia, on the other hand, were not strong. In fact, they were often invaded by their more powerful neighbors. These invasions continued through the 1800s.
The World Wars

Both World War I and World War II were devastating for the Baltic people. Much of the fighting in World War I took place in Poland. As a result, millions of Poles—both soldiers and civilians—died. Thousands more were killed in the Baltic countries.

World War II began when the Germans invaded Poland from the west. As the Germans pushed through Poland from the west, the army of the Soviet Union invaded Poland from the east. Once again, Poland suffered tremendously. Millions of people were killed, and property all over Poland was destroyed. Estonia, Latvia, and Lithuania also suffered. All three countries were occupied by the Soviet army.

Soviet Domination

As the map shows, the Soviet Union totally dominated Eastern Europe after World War II. Estonia, Latvia, and Lithuania became parts of the Soviet Union. Poland remained free, but the Soviets forced the Poles to accept a Communist government.

Many Eastern Europeans opposed Communist rule, and the Communist governments in the region eventually fell. Poland rejected Communism and elected new leaders in 1989. The Baltic Republics broke away from the Soviet Union in 1991 and became independent once more.

Focus on Reading

What problems were created in the Baltic region after World War II?

Reading Check Analyzing How did the Soviet Union influence the region’s history?
Culture
In some ways, the cultures of Poland and the Baltic Republics are very different from each other. For example, people in the area speak different languages and practice different religions. In other ways, however, their cultures are actually quite similar. Because the four countries lie near each other, common customs have taken root in all of them. People cook similar foods and enjoy the same types of entertainment.

Cultural Differences
The most obvious differences between the cultures of the Baltic countries are their languages and religions. Because the countries were first settled by different groups, each has its own language today. Of these languages, only Latvian and Lithuanian are similar to each other. Polish is related to the languages of countries farther south. Estonian is similar to Finnish.

Trade patterns and invasions have affected religion in the area. Poland and Lithuania traded mostly with Roman Catholic countries, and so most people there are Catholic. Latvia and Estonia, on the other hand, were ruled for a long time by Sweden. Because the Swedish are mostly Lutheran, most people in Latvia and Estonia are Lutheran as well.

Connecting to the Arts
Baltic Embroidery
One of the crafts for which the people of the Baltic region are best known is embroidery. This type of decorative sewing lets people create beautiful designs. They use these designs on their clothing, tablecloths, and other cloth goods.

For centuries, people in the Baltic countries—both men and women—have embroidered the clothing they wear on special occasions, such as weddings. They use many colors of thread to sew intricate patterns of flowers, hearts, and geometric designs. Because the embroidery is done by hand, it can take hours of work to create a single garment.

Drawing Conclusions Why do you think people embroider only clothing for special occasions?

Cultural Similarities
Unlike language and religion, many of the customs practiced in the Baltic countries cross national boundaries. For example, people in these countries eat many of the same types of foods. Potatoes and sausage are very popular, as is seafood.

Other shared customs tie the Baltic countries together as well. For example, people in all three countries practice many of the same crafts. Among these crafts are pottery, painting, and embroidery.

Also common to the countries of the Baltic Sea area is a love of music and dance. For centuries, people of the Baltics have been famous for their musical abilities. Frédéric Chopin (1810–1849), for example, was a famous Polish pianist and composer. Today, people throughout Poland and the Baltic Republics gather at music festivals to hear popular and traditional tunes.

Reading Check Comparing How are the cultures of the Baltic countries similar?
The Region Today

Estonia, Latvia, Lithuania, and Poland all still feel the effects of decades of Soviet rule. The economies of all four countries suffered because the Soviets did not build a decent infrastructure. An *infrastructure* is the set of resources, like roads, airports, and factories, that a country needs in order to support economic activities. The many factories built by the Soviets in Poland and the Baltics could not produce as many goods as those in Western Europe.

Today Poland and the Baltic Republics are working to rebuild and strengthen their economies. They are replacing the old and outdated factories built by the Soviets with new ones that take advantage of modern technology. As a result, cities like Warsaw, the capital of Poland, have become major industrial centers.

To further their economic growth, the countries of this region are also seeking new sources of income. One area in which they have found some success is tourism. Since the collapse of the Soviet Union in 1991, many Americans and Western Europeans have begun visiting. Polish cities like Warsaw and Krakow have long attracted tourists with their rich history and famous sites. Vilnius, Lithuania; Tallinn, Estonia; and Riga, Latvia, have also become tourist attractions. People are drawn to these cities by their fascinating cultures, cool summer climates, and historic sites.

**Tourism in the Baltics**

Baltic cities such as Tallinn, Estonia, draw many tourists each year. These tourists are attracted to the cities’ many churches and cultural sites.

**Section 2 Assessment**

**Reviewing Ideas, Terms, and Places**

1. **a. identify** What country ran the area after World War II?
   **b. Draw Conclusions** How do you think the two world wars affected the people of Poland?

2. **a. Describe** How do the languages spoken in Poland and the Baltic Republics reflect the region’s history?
   **b. Elaborate** Why do you think that people across the region practice many of the same customs?

3. **a. Recall** What is one industry that has grown in the region since the fall of the Soviet Union?
   **b. Explain** How did Soviet rule hurt the area’s economy?

**Critical Thinking**

4. **Identifying Cause and Effect** Draw a chart like the one shown here. In each box on the right, explain how the event affected the cultures or economies of the region.

<table>
<thead>
<tr>
<th>Event</th>
<th>Effect</th>
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</thead>
<tbody>
<tr>
<td>Soviet rule</td>
<td></td>
</tr>
<tr>
<td>Breakup of the Soviet Union</td>
<td></td>
</tr>
<tr>
<td>Growth of tourism</td>
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</tbody>
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**Summary and Preview** Poland and the Baltic Republics are still feeling the effects of decades of Soviet rule. In the next section, you will learn about more countries that feel the same effects.

**Focus on Viewing**

5. **Considering Poland and the Baltics** If you were to give your report about Poland or one of the Baltic Republics, what details would you include? Write down some ideas.